



# Family Caregiver Support Program CARES Act Supplies

## Available to Randolph County Family Caregivers

More than 65 million people in the US are considered family caregivers. Being a family caregiver is a hard job, but during a pandemic it is especially difficult. Without support, many family caregivers experience burnout and declining health, particularly during this stressful time of the COVID-19 pandemic.

With funds from The Administration for Community Living (ACL), Randolph Senior Adults Association is making available CARE Bags and Incontinence Supplies to eligible family caregivers through the Family Caregiver Support Program CARES Act.

### CARE Bags

These CARE Bags are full of items to help caregivers care for their loved one during this time of COVID-19 and beyond. Included in each CARE Bag is: a digital forehead thermometer, blood pressure monitor, pulse oximeter (to check oxygen level), box of 50 disposable masks, hand sanitizer, box of 100 disposable gloves, first aid kit, packet of 60 disinfecting wipes, night-lights, batteries, throw blanket, health organizer booklet, and *Caregiving in The Comfort of Home* book. All these items will help family caregivers tremendously while sheltering at home.



### Incontinence Supplies

Incontinence supplies can be an expensive burden when you are a family caregiver. Purchasing these items week after week, or month after month, can add up. Eligible caregivers can receive incontinence supplies such as: pullup disposable underwear, taped disposable briefs, bladder pads, or disposable bed pads. A monthly supply will be provided through the end of September 2021, or until funds are exhausted.

For more information, or to register to receive these Family Caregiver Support Program CARES Act items, contact **Margie DiDona** or **Lisa Alley** at **Randolph Senior Adults Association** to see if you qualify at **336-625-3389**

