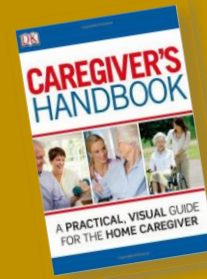


Free Caregiver Skills Class For Family Caregivers



Physical and Occupational Therapists will train family caregivers how to physically care for an older adult

- Transferring
- Personal Care
- Feeding
- Fall Prevention
- Medical Equipment Use



Each caregiver will receive a copy of the Caregiver's Handbook

Thursday, June 16, 2022
6:00pm – 8:00pm

Randolph Health StayWell Senior Care
809 Curry Drive, Asheboro

Refreshments will be provided

Participants need to register by June 13th, contact:
Margie DiDona or Lisa Alley ~ Randolph Senior Adults Association
336-625-3389

*In-Home Respite Care by certified nursing assistants may be available so caregiver can attend this workshop.
Call for more information*

This training is not for professional caregivers

